



PORTELA

à volta do café



	Bebidas Quentes Hot Drinks		
	Espresso <i>Portuguese Coffee</i>	1,00€	
	Espresso Duplo <i>Portuguese Double Coffee</i>	2,00€	
	Cappuccino	4,10€	
	Babyccino	1,75€	
	Latte Macchiato		
	Grande/Large	4,10€	
	Aromatizado/Aromatized	4,85€	
	Chocolate	4,85€	
	Mocha	4,85€	
	Latte Brûlée	5,20€	
	Café de Filtro* <i>Filter Coffee</i>	3,00€	
	French Press <i>Brew Coffee French press</i>	4,65€	
	Chocolate Quente Premium <i>Hot Chocolate</i>	4,95€	
	Chás e Infusões <i>Tea Selection</i>	1,65€	
	Chai Tea	3,45€	
	Chai Tea Latte	4,45€	



	Bebidas Frias Cold Drinks		
	Affogato Gelado e Café <i>Ice Cream & Coffee</i>	4,45€	
	Café Gelado <i>Iced Coffee</i>	3,80€	
	Chá Gelado <i>Iced Tea</i>	2,95€	
	Iced Latte	4,45€	
	Sumo de Laranja <i>Orange Juice</i>	3,10€	
	Sumos Naturais <i>Natural Juices</i>	3,20€	
	Smoothies Energia Tropical	6,00€	
	Aquela Kombucha Original Bio Gengibre Bio Hortelã Pimenta Bio Citrus Tropical Bio	4,30€	



	Refeições Ligeiras Light Meals		
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	TORRICADOS NO PÃO	
	Azeite, Alho e Tomate  <i>Olive Oil, Garlic, Tomato</i>	3,75€
	Abacate e Ovo <i>Avocado & Egg</i>	7,60€
	Salmão Fumado, Queijo Creme e Rúcula <i>Smoked Salmon, Cream Cheese & arugula</i>	10,35€
	Ovo Escalfado, Abacate, Bacon com Molho Hollandaise <i>Poached Egg, Avocado, Bacon with Hollandaise Sauce</i>	9,95€



	TAPIOCA	
	Abacate e Ovos Mexidos <i>Avocado with Scrambled Eggs</i>	8,30€
	Salmão <i>Salmon & Cream Cheese</i>	10,35€
	OVOS EGGS	
	Mexidos no pão <i>Scrambled on Bread</i>	4,95€
	WRAPS	
	Alface, Atum* e Tomate Cherry <i>Lettuce, Tuna Paste & Cherry Tomato</i> *Pasta de atum ou simples <i>Tuna paste or plain</i>	7,45€
	Ovo, Queijo e Tomate Cherry <i>Egg, Cheese & Cherry Tomato</i>	7,45€
	Salmão fumado e queijo creme <i>Salmon with Cream Cheese</i>	8,45€



Preços com IVA incluído à taxa legal em vigor



Espresso



Filtro



Italiana



Balão



French press



V60

	BOWLS	
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Couscous, Curgete, Cenoura, Cebola Roxa,
Espinafre baby, Ovo escalfado, Tomate,
Cogumelo Branco, Queijo Creme,
Azeite vermelho, Caju Torrado sem Sal.
*Couscous, Courgette, Carrot, Red Onion,
Baby Spinach, Poached Egg, Tomato,
White Mushroom, Cream Cheese, Red olive oil.*

Alface, Rúcula, Cenoura, Rabanete,
Cebola roxa, Espinafre baby, Pepino,
Tomate cherry, Tomate grelhado,
Croutons, Azeite vermelho.
*Lettuce, Rocket, Carrot, Radish, Red onion,
Baby spinach, Cucumber, Cherry tomato,
Grilled tomato, Croutons, Red olive oil.*

Alface, Rúcula, Cenoura, Rabanete, Cebola roxa,
Espinafre baby, Ovo escalfado, Tomate cherry,
Abacate, Amendoim torrado, Malagueta,
Molho hollandaise.

*Lettuce, Rocket, Carrot, Radish, Red onion,
Baby spinach, Poached egg, Cherry tomato,
Avocado, Roasted peanuts, Chilli,
Hollandaise sauce.*

Logurte Yogurt	5,75€
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A white bowl filled with a hearty meal. It contains two pieces of roasted chicken, several mushrooms, a poached egg topped with black pepper, and a generous amount of pine nuts. The bowl is set against a background featuring a whole red onion, a whole tomato, and a small pile of pine nuts.

A top-down view of a light blue ceramic bowl filled with a vibrant salad. The salad consists of dark green leafy vegetables, sliced cherry tomatoes, thin rounds of white radishes, and rings of red onion. A generous drizzle of yellow dressing is scattered over the ingredients. In the center of the bowl sits a perfectly poached egg, its white exterior slightly textured and topped with a sprinkle of black pepper. Surrounding the bowl on a light-colored, possibly marble, surface are two whole, dark-skinned avocados and a small cluster of fresh radishes with their green leafy tops.

The image consists of two side-by-side photographs of a salad. The left photograph shows a white bowl filled with a variety of ingredients: green lettuce, yellow corn kernels, shredded orange carrots, sliced green tomatoes, black olives, and several halves of hard-boiled eggs. A hand is visible on the left side, holding a silver fork that is positioned over the salad. The right photograph shows a similar white bowl of salad. This version features a large amount of shredded orange carrots, yellow corn, green lettuce, and several large, irregular chunks of white, soft cheese. A silver fork is also visible on the right side of the bowl. Both bowls are placed on a light-colored, possibly white, surface.



TOSTAS TOAST	
Mista em Pão Saloio <i>Ham & Cheese in Rustic Bread</i>	3,80€
Pasta de Atum, Alface e Tomate <i>Tuna Past, Lettuce & Tomato</i>	7,45
Humus, Alface e Tomate <i>Humus, Lettuce & Tomato</i>	7,45€
Torradas Pão Saloio <i>Toast in Rustic Bread</i>	2,70€
SOPA <i>Soup</i>	3,20€

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<i>Soup</i>	

	SANDWICHES	
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American	6,95€
Ovo, Queijo, Fiambre, Alface, Tomate e Maionese	
<i>Egg, Cheese, Ham, Lettuce, Tomato & Mayonnaise</i>	



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	BRUNCH	
	SALMÃO 18,80€ Latte / Chá / Cappuccino / Café Americano <i>Latte / Tea / Cappuccino / American Coffee</i> Sumo de Laranja Natural / Sumo do Dia <i>Orange Juice / Juice of the Day</i> Pão de Água, Croissant Francês, Manteiga, Compota <i>Rustic Bread, French Croissant, Butter, Jam</i> Salmão, Ovos Mexidos e Rúcula <i>Salmon, Scrambled Eggs & Arugula</i> Iogurte, Fruta e Granola Caseira <i>Yogurt, Fruit and Homemade Granola</i> CONTINENTAL 16,70€ Latte / Chá / Cappuccino / Café Americano <i>Latte / Tea / Cappuccino / American Coffee</i> Sumo de Laranja Natural / Sumo do Dia <i>Orange Juice / Juice of the Day</i> Pão de Água, Croissant Francês, Manteiga, Compota <i>Rustic Bread, French Croissant, Butter, Jam</i> Ovos Mexidos, Queijo, Fiambre e Rúcula <i>Scrambled Eggs, Cheese, Ham & Arugula</i> Iogurte, Fruta e Granola Caseira <i>Yogurt, Fruit & Homemade Granola</i> MENU CONTINENTAL 8,45€ Croissant Francês, Pão de Lenha, Manteiga e Doce <i>French Croissant, Rustic Bread, Butter & Jam</i> Meia de Leite, Sumo de laranja, Espresso <i>Coffee, Orange Juice, Espresso</i>	



	Para adocicar To sweeten	
	CREPE WAFFLE Topping (Chocolate ou Mel) 4,70€ <i>Topping Chocolate or Honey</i> Topping + 1 Bola de Gelado e granola 6,89€ <i>Topping Chocolate or Honey, Ice-Cream Ball & home made granola</i> TAPIOCA DOCE Nutela com Fruta 7,95€ <i>Nutella with Fruit</i> PANQUECAS PANCAKES Fruta, Mel, e Granola caseira 7,95€ <i>Fruit, Honey & Homemade Granola</i>	



	Bolos à Fatia Sliced Cakes	
	Pão de ló de Ovo ou chocolate 3,99€ <i>Chocolate or Egg sponge cake</i> Delicioso 3,99€ Chocolate com creme de ganache <i>Ganache Chocolate with Cream</i> Tarte de Amêndoa 2,89€ <i>Almond Pie</i> Cheesecake com Morango 2,65€ <i>Strawberry Cheesecake</i> Tarte de Maçã e Noz Pecan 4,95€ <i>Apple Pie with Pecan Nut</i> Derrete na Boca 2,65€ <i>Melted Chocolate</i>	



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A TORRAR
E A SERVIR CAFÉ
DESDE

